

Programme - Ireland



January

10th **Nurturing the Fire Starter in U (Ireland)**

This is an online Zoom call (you can access by computer or phone) for people who are considering possibly hosting an event within the 2019 Firestarter Festival Ireland.

[Sign up](#)

27th **Rambling House Gathering**

Social Gathering, based on the tradition of the 'Rambling House'. Featuring music, song, storytelling, conversation in an informal dwelling house setting.

[Sign up](#)

28th **We Are Lit – Launch Party (Táimid beo agus ar siúl) The Official Launch Party for Fire Starter Festival Ireland - Online**

Join us online to celebrate the official launch of the Fire Starter Festival Ireland. Bring yourself, a cuppa and a good intention to share from the heart about what lights you up!

[Sign up](#)

31st **Getting Unstuck using Social Presencing Theatre**

An online taster workshop looking at how we get stuck in our thinking and in our bodies and looking at some tools to support us to unstuck ourselves. We will explore some ways of getting out of our heads and into our bodies, tapping into our collective capacities creating change.

[Sign up](#)

February

2nd **LISTEN, TALK AND FEEL THROUGH THE SILENCE – Collective Case Clinic Prototype Experience**

Collective Case Clinic prototype is a tool that supports teams engaged with the project and help them not only to be more efficient while working together but also grow as individuals. Collective Case Clinic prototype was developed from Otto Scharmer's Case Clinic from his "Theory U".

[Sign up](#)

4th **Inspiring Inishowen**

World Café – A Gathering of Inishowen of all ages to celebrate people and place. Inspiring Inishowen World Café invites visionaries, dreamers, movers and shakers, artists, musicians, mothers, father, children, grandparents, change-makers and more

[Sign up](#)

5th **In the Best Interests of the Children; Exploring Parental Alienation and Estrangement – a family law perspective**

The aim of this event is to raise awareness and address the knowledge gap about parental alienation, to build an understanding of the experience of children and their families affected by this issue.

[Sign up](#)

6th **Sensory Explorations in Garvagh Forest**

A sensory adventure and exploration event in Garvagh Forest with citizens with learning disabilities. The event is focussing on 3 levels of wellbeing – personal, relational and community, and societal.

[Sign up](#)

Witness: A socially engaged mindfulness project.

An experimental online mindfulness and 'council circle' call to explore the prototype of a format which each year will bear witness to an aspect of Irish life which is currently in crisis.

[Sign up](#)

7th A Learning Journey to Imagine a Future Ireland
An experimental learning event to help harness the richness of our past, honour the present and re-imagine the future. How? By igniting our passions, connecting to our hearts and tapping into the ancient wisdom of our soul and the land.

[Sign up](#)

8th Coffee & Conversation Sessions: Why do we think STRESS is a normal way to feel all the time?
This is a space for open conversation to look at what STRESS actually is, what its purpose is on the body, the effects it has on our daily lives and how it has become so accepted as part of a normal way to feel.

[Sign up](#)

9th Coppice Tree Planting Day
Planting of around 200 trees which will be mainly used as a renewable fuel source for a planned eco community.

[Sign up](#)

10th Mindfulness – It's a Walk in the Park!
Ever feel you're caught on the treadmill of life? This is an invitation to practice slowing down, savouring and celebrating nature and experience Killiney Hill Park from a 'fresh perspective'.

[Sign up](#)

Family Circle
A living room circle conversation for a maximum of 6 people to talk about experiences of how different family dynamic (single parent etc) can work well.

[Sign up](#)

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